

Booking Ultrasounds

Congratulations on your pregnancy! As a pregnant person in British Columbia, you are eligible for two routine ultrasounds in this pregnancy. Your midwives may offer or recommend additional ultrasounds depending on your specific circumstances. This letter is intended to review the process for booking these two ultrasounds, should you elect them.

When to book?

1) *First trimester ultrasound for dating*

The most accurate timing for a dating ultrasound is around 8 weeks gestation and should occur from 7+0 weeks onwards and ideally by 13 weeks. Many pregnant people already have a good idea of their due date based on their last menstrual period or other relevant knowledge. Speak to your team should you need more guidance on estimating your due date in order to book this ultrasound during the optimal window. This ultrasound is often offered as an internal scan for visualization of the growing pregnancy.

2) *Detailed ultrasound*

This ultrasound is a head-to-toe anatomical assessment of the fetus and can also offer some insight into the placenta. It is typically offered from 18-22 weeks with most ultrasound locations booking around 20 weeks gestation. This ultrasound is often offered as a transabdominal scan for visualization of the growing pregnancy.

How to book?

Your team will either print out or email you a requisition for an ultrasound. The location of this requisition does not matter and you are free to choose a location that works for your schedule. You need to know your midwife's full name and billing number (on the requisition), as well as your personal health number and last menstrual period date (for dating scans) or your estimated due date (for your detailed scan). Below are ultrasound locations for pregnant people in Vancouver.

a) **Grieg and Associates:**

Address: 5732 Victoria Dr. Vancouver
Phone: 604-321-6774

b) **Downtown Radiology:**

Address: #205 – 180 Keefer St. Vancouver
Phone: 604-688-9428

c) **West Coast Medical Imaging:**

Address: #6 – 5337 West Blvd. Vancouver
Phone: 604-325-3244

Address: #430 – 1669 East Broadway
Phone: 604-873-1846

d) **North Shore Medical Imaging:**

Address: 139 West 16th Street
North Vancouver, BC V7M 1T3
Phone: 604-987-9729

e) **Brooke Radiology:**

Address: 100 – 4980 Kingsway,
South Burnaby
Phone: 604-434-1345

Address: 4218 E Hastings St.
North Burnaby
Phone: 604-299-2666

Try and book your ultrasound as soon as possible to ensure you get an appointment during the optimal windows. Should you run into any difficulties, please reach out to our office administrators for support.